

#### ORTHOPAEDIC SURGERY

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### WHAT TO EXPECT: YOUR SURGERY AND LOCAL ANESTHESIA

We hope this information will answer any questions you may have concerning your upcoming surgery.

- What is Local Anesthesia:
  - A local anesthetic (medication which blocks nerves) is injected around the area of the surgical site. This may be called a “field block.” This block usually saved for small, superficial surgeries, such as removal of skin lesions and trigger finger release.
  
- What Can I Expect:
  - It is not necessary to fast prior to a local anesthetic. You may have a light breakfast or lunch, depending upon the time of your procedure.
  - A procedure room nurse will contact you the day prior to your procedure with a time to arrive and answer any questions you may have. It may not be necessary for someone to drive you home. Please confirm with your surgeon and/or procedure room nurse.
  - Please leave all valuables and jewelry at home.
  - Wear loose and comfortable clothes that will be easy for you to get in and out of, and that will fit over a bulky dressing easily. You will be asked to change your clothes and wear a patient gown.
  - You will be taken to the Procedure Room where we will then take your blood pressure, heart rate, respirations, and temperature. You will sign the procedure room consent for surgery form and any other pertinent forms related to your procedure. You will receive verbal discharge instructions.
  - Please inform the nurse or physician of any allergies. The surgeon will speak with you prior to surgery and answer any questions you may have.
  - Once the procedure is completed, the procedure room nurse will monitor vital signs, dressing and any other needs you may have.
  - The procedure room nurse will, again, go over discharge instructions verbally and give you a copy as well as any other paper work needed at time of discharge.
  - A procedure room nurse will contact you the following day to check on your progress, however, you may call BROA at any time with your concerns at 540-347-9220. We look forward to seeing you the day of your surgery.