

**ORTHOPAEDIC SURGERY**

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**WHAT TO EXPECT:**

**YOUR SURGERY AND IV SEDATION**

We hope this information will answer any question you may have concerning your upcoming surgery. You will receive a telephone call from a Procedure Room nurse the day or evening prior to your procedure to further address any concerns.

- Because you will be given IV sedation during your procedure, it is very important that you do not eat or drink for at least 8 hours prior to your procedure.
- You will need to arrange for someone to drive you home after the procedure. You will not be able to operate machinery or drive a car for 24 hours following anesthesia.
- Please leave valuables and all jewelry at home.
- Wear loose and comfortable clothes that will be easy for you to get in and out of, and clothes that will fit over a bulky dressing easily. You will be asked to change your clothes and wear a patient gown during the procedure.
- You will be taken to the Procedure Room. We will then take your blood pressure, heart rate, respirations and temperature. You will be given consent forms to sign and receive written instructions. We will review what you can and cannot do during the days following surgery. An IV will be started, which will allow us to administer medications and fluids. The surgeon and anesthesiologist will speak with you prior to surgery and answer any questions you may have.
- After surgery, your physician will talk with you and any waiting spouse or relative to review the outcome of the surgery. We will continue to monitor your vital signs and your progress as you emerge from the anesthesia. If you are having any discomfort, please let the nurse know. Prior to leaving, we will offer you something to drink. Before changing your clothes, we will remove the IV and the monitors.
- A procedure room nurse will contact you the following day to check on your progress, however, you may call Blue Ridge Orthopaedics at any time with your concerns at 540-347-9220. We look forward to seeing you the day of your surgery.